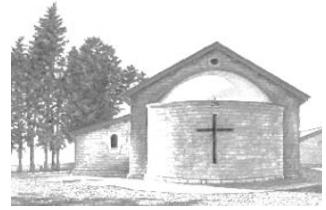


St Barnabas' Anglican Church

18th July 2021 10.00 am

7th Sunday after Trinity

Rev Ian Nicholson



Sacristan	Bob		
Sides persons	Bola & Enid		
Readings:	Brian F	2 Samuel 7	v1-14a
		Psalms 89	v 20-37
	Ruth	Ephesians 2	v11 to end
	Gospel:	Mark 6	v30-34,53 to end
Intercessions:	Charles		
Hymns	636, 654, 395, 252		

18 - 24 July 2021

The rhythm of rushing and resting

Mark 6.30-34,53-56

The disciples meet with Jesus and share with him all they have done and seen since he sent them out in mission. Jesus responds by offering time for quiet and rest. However, the crowd continue to seek Jesus for teaching and healing.

Achieving a healthy balance between having compassion and concern for others and maintaining appropriate self-care is a lifelong struggle for many people. Learning the importance of this balance and receiving encouragement in working at it is vitally important.

This week we explore the importance of balance in how we use our time.

Lectionary Bible readings:	2 Samuel 7	v1-14a		
	Psalms 89	v 20-37	Ephesians 2	v11 to end
	Gospel	Mark 6	v30-34,53 to end	

Collect *We say together*

Generous God,

you give us gifts and make them grow:
though our faith is small as mustard seed,
make it grow to your glory
and the flourishing of your kingdom;
through Jesus Christ our Lord.

PSALM 89 We say together lines in bold type

20 I have found my servant David; with my holy oil I have anointed him;

21 my hand shall always remain with him; my arm also shall strengthen him.

22 The enemy shall not outwit him, the wicked shall not humble him.

23 I will crush his foes before him and strike down those who hate him.

24 My faithfulness and steadfast love shall be with him; and in my name his horn shall be exalted.

25 I will set his hand on the sea and his right hand on the rivers.

26 He shall cry to me, 'You are my Father, my God, and the Rock of my salvation!'

27 I will make him the firstborn, the highest of the kings of the earth.

28 Forever I will keep my steadfast love for him, and my covenant with him will stand firm.

29 I will establish his line forever, and his throne as long as the heavens endure.

30 If his children forsake my law and do not walk according to my ordinances,

31 if they violate my statutes and do not keep my commandments,

32 then I will punish their transgression with the rod and their iniquity with scourges;

33 but I will not remove from him my steadfast love, or be false to my faithfulness.

34 I will not violate my covenant, or alter the word that went forth from my lips.

35 Once and for all I have sworn by my holiness; I will not lie to David.

36 His line shall continue forever, and his throne endure before me like the sun.

37 It shall be established forever like the moon, an enduring witness in the skies."

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be for ever. Amen.

Post Communion Prayer We say together
Lord God, whose Son is the true vine and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup,
we may share his glory and be made perfect in his love;
for he is alive and reigns, now and for ever.

Remembering in Prayer:

All those known to us who are ill or recovering including:
Stephen, Charles Devadawson, Anna Georgiades, Joan Gilbert, Yvonne,
Margaret Josephides, Margaret, James Culley, Ann Constantinides,
Rachael Lauren, Chantal, Baby Archie, Ian Broughton, Millie Bell, George,
Natalie's sister in law, Daphne Papacharalambous, Judith Mowbray,
Shirley Koukoularides, Karen Sutherland, Maeve Prenton, Diane, Marcia,
Andy & Laura Fitzgerald, Rachael Margaret, Audrey Barrett,
Michel, Cheryl, Spyros, Judy, Angela Fox, Serena
Please pray for the families of Gill Calloway and Penny Douglas who both
passed away this week. May they rest in peace.

*Please update **Christine Taylor** re prayer list*

If there is a name that can now be removed, please let me know

Wednesday morning communion 9.30am. This is a spoken service,
duration approximately 30 minutes and a lovely opportunity to worship
together midweek. Please come along and join us.

Items of dried and tinned food are still being collected for distribution.
Food donations to include: rice, tinned tomatoes, white beans, tinned fish
and semolina **Thank you for all donations to date**

Cans for Kids. Please save all of your empty drink cans and food tins, by
the end of the month we will have a cage by the bins to put them in.

Christmas Bazaar to be held on 27th November, start thinking about what
you can do to help, all volunteers welcome.

Refreshments will be available today, after the service.

Please always wear a face mask when in church during the service and outside in the grounds
Mouth and nose must be always covered

Regular Church meetings

Tuesday Prayer Group meet in church 9.30am
Wednesday Communion 9.30am (note new time)
Wednesday Craft group in school room 10.00am-12 noon

Weekly Zoom Meetings

You are invited to join Fr Ian via Zoom for:

Sunday Morning Worship 10.00am
Friday Afternoon Coffee 3.00pm

Church Warden		Chris Clapham		99 402062
		Stanley Hooper		25 221956
		Edna Gregory		99 383748
Bookings		Christin Givhan		99 634958
Pastoral Team		Denise Weaver Nora Ananiades John Rider		97 745286 99 356451 99 765201
News Sheet		Christine Taylor		99 339175
Tabletop Sales		Nora Ananiades		99 356541
Minutes Secretary		Linda Rich		99 878257

Fr. Ian Nicholson 96 612371

chaplain@stbarnabas-cyprus.com

Check out **Roots at Home** tab on www.stbarnabas-cyprus.com

www.facebook.com/StBarnabasAnglicanChurchLimassol/

*Thursday is rest day for Father Ian,
please respect his private time and only contact in an emergency*