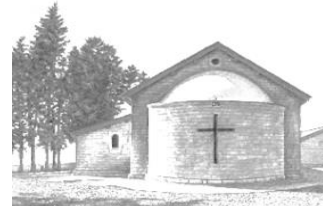


St Barnabas' Anglican Church

8th August 2021 10.00 am

10th Sunday after Trinity

Rev Ian Nicholson



Sacristan	Chris		
Sides persons	Margeret & Grace		
Readings:	Bob	2 Samuel 18	v5-9, 15, 31-33
		Psalm 130	
	Lynda	Ephesians 4	v25- 5 v2
	Gospel:	John 6	v 35, 41-51
Intercessions:	Peter		
Hymns	332, 304 (v 1,3,5), 408, 120		
	Communion hymn 199		

8 - 14 August 2021

Life without limits

John 6.35,45-51

Jesus describes himself as the 'bread of life'. This causes consternation among the Jewish crowd. There is a very real sense of disbelief that the son of a local carpenter could do anything other than follow the family trade, and certainly not talk about having come from heaven. Jesus explains his claim and compares himself to the bread that their ancestors and Moses received in the desert.

When Jesus gets caught up in this 'Q&A' session with the crowd, he can see that they are constrained by their history and by what they think they know about him. He tests the limits of their thinking by offering something radical and new. How might we have responded to his words?

This week we explore the assumptions we carry with us.

Lectionary Bible readings for RCL Proper 14 Year B

2 Samuel 18.5-9,15,31-33; Psalm 130; Ephesians 4.25-5.2;

John 6.35,41-51

Collect *We say together*

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

PSALM 130

¹ Out of the depths I cry to you, O LORD.

² **Lord, hear my voice!**

Let your ears be attentive to the voice of my supplications!

³ If you, O LORD, should mark iniquities,
Lord, who could stand?

⁴ **But there is forgiveness with you,
so that you may be revered.**

⁵ I wait for the LORD, my soul waits,
and in his word I hope;

⁶ **my soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning.**

⁷ O Israel, hope in the LORD!
For with the LORD there is steadfast love,
and with him is great power to redeem.

⁸ **It is he who will redeem Israel from all its iniquities.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

Post Communion Prayer *We say together*

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Remembering in Prayer:

All those known to us who are ill or recovering including:

Stephen, Charles Devadawson, Anna Georgiades, Joan Gilbert, Yvonne, Margaret Josephides, Margaret, James Culley, Ann Constantinides, Rachael Lauren, Chantal, Baby Archie, Ian Broughton, Millie Bell, George, Natalie's sister in law, Daphne Papacharalambous, Judith Mowbray, Shirley Koukoularides, Karen Sutherland, Maeve Prenton, Diane, Marcia, Andy & Laura Fitzgerald, Rachael Margaret, Audrey Barrett, Michel, Cheryl, Spyros

*Please update **Christine Taylor** re prayer list*

If there is a name that can now be removed, please let me know

Wednesday morning communion 9.30am. This is a spoken service, duration approximately 30 minutes and a lovely opportunity to worship together midweek.

Items of dried and tinned food, also toiletry items, are still being collected for distribution. **Thank you for all donations to date**

We are supporting **Cans for Kids** charity. Please collect aluminium cans and place them in the cage by front gate.

No rubbish, just cans in plastic bags, thank you.

WANTED – PAPER SHREDDER and a FOOD BLENDER.

If you have either of the above, please inform Fr Ian or Christine

Cushions – You will find a few cushions at the back of the church, if you would like to use one during the service, please ask a sides person and remember to return it afterwards. If you have a cushion or two at home that you don't use, how about donating them to us for this purpose. Thank you.

On notice board outside church you will see latest edition of **Scene at Synod** and also **Retreats News** from Maggie Le-Roy.

**Please always wear a face mask when in church during the service
and outside in the grounds**

YOU WILL NOT BE ABLE TO JOIN US IN CHURCH WITHOUT YOUR SAFE PASS

Regular Church meetings

Tuesday Prayer Group meet in church 9.30am
Wednesday Communion 9.30am (note new time)
Wednesday Craft group in school room 10.00am–12 noon

Weekly Zoom Meetings

You are invited to join Fr Ian via Zoom for:

Sunday Morning Worship 10.00am
Friday Afternoon Coffee 3.00pm

Church Warden		Chris Clapham		99 402062
		Stanley Hooper		25 221956
		Edna Gregory		99 383748
Bookings		Christin Givhan		99 634958
Pastoral Team		Denise Weaver Nora Ananiades John Rider		97 745286 99 356451 99 765201
News Sheet		Christine Taylor		99 339175
Tabletop Sales		Nora Ananiades		99 356541
Minutes Secretary		Linda Rich		99 878257

Fr. Ian Nicholson 96 612371

chaplain@stbarnabas-cyprus.com

Check out **Roots at Home** tab on www.stbarnabas-cyprus.com

www.facebook.com/StBarnabasAnglicanChurchLimassol/

*Thursday is rest day for Father Ian,
please respect his private time and only contact in an emergency*

Stay cool and drink plenty of water in this heat

**“Come with me by yourselves, to a quiet place, and get some rest”
Mark 6:31**